

### **Guilford County**

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Title: PROCLAMATION DECLARING NOVEMBER 2018 AS DIABETES AWARENESS MONTH

**Sponsors:** 

Indexes:

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Attachments: 1. 2018 Diabetes Awareness Month Proclamation BOCC

Date Ver. Action By Action Result

#### **TITLE**

## PROCLAMATION DECLARING NOVEMBER 2018 AS DIABETES AWARENESS MONTH

#### **SPONSOR**

Merle Green

#### **BACKGROUND**

WHEREAS, more than 30 million Americans have diabetes and another 86 million Americans have prediabetes and are at risk for developing type 2 diabetes; and

**WHEREAS**, approximately 1.5 million Americans are diagnosed with diabetes every day and diabetes is the 7<sup>th</sup> leading cause of death in the US as well as in NC and Guilford County; and

**WHEREAS**, diabetes is the 4<sup>th</sup> leading cause of death in Guilford County's African-American residents resulting in approximately 33 deaths per 100,000 populations each year; and

**WHEREAS**, the seriousness of diabetes is often underestimated due to the fact that diabetes is rarely listed as a cause of death, but rather the complications caused by diabetes are listed instead; and

**WHEREAS**, diabetes can lead to increased risk for heart attack or stroke, kidney failure, amputations, and advance diabetic retinopathy, greatly increasing the risk of severe vision loss, as well as nerve damage; and

WHEREAS, a healthy lifestyle is important for individuals with diabetes and includes exercising, not

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smoking and maintaining a healthy weight and balanced diet; and

**WHEREAS**, this year's theme for Diabetes Awareness Month is *Managing Diabetes - It's Not Easy, But It's Worth It*; and

**WHEREAS**, Diabetes Awareness Month is an opportunity to increase awareness of diabetes and the importance of healthy lifestyle in diabetes prevention and care;

**Now, therefore, be it resolved** that Guilford County Board of County Commissioners do hereby proclaim

November 2018 as

#### **DIABETES AWARENESS MONTH**

This Board encourages all Guilford County residents to take steps to protect and promote the health and wellbeing of their families by making healthy personal lifestyle choices, seeking regular preventative health care and logging on to <a href="http://www.myguilford.com">www.myguilford.com</a> for information and suggestions for maintaining and improving health.

In Witness Whereof, I hereunto set my hand and cause the corporate seal of the County of Guilford to be affixed, this the 1<sup>st</sup> day of November 2018.

J. Alan Branson, Chairman Guilford County Board of Commissioners

# RESOLUTION REQUESTED ACTION

Adopt Proclamation declaring November 2018 as Diabetes Awareness Month.