



## Legislation Text

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File #: 2022-467, Version: 1

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### **TITLE**

**DHHS - PUBLIC HEALTH DIVISION BUDGET AMENDMENT: MED-SOUTH LIFESTYLE STUDY - \$14,000**

### **SPONSOR**

Dr. Iulia Vann

### **BACKGROUND**

Guilford County Public Health, in partnership with the research team from the University of North Carolina at Chapel Hill (UNC), agree to participate in the Med-South Lifestyle Study. The Centers for Disease Control and Prevention (CDC) funded the UNC Center for Health Promotion and Disease Prevention (HPDP) to identify the most effective and efficient way to support the broad-scale implementation of the Med-South Lifestyle Program across multiple public health and clinical practice settings. In Phase 2, we will test implementation strategies and measure outcomes of the Med-South Lifestyle Program in 10 health departments and 10 Federally Qualified Health Centers or Rural Health Centers.

Public Health will be receiving funding in the amount of up to \$14,000 from the UNC Center for Health Promotion and Disease Prevention to support the implementation strategies and measure outcomes of the Med-South Lifestyle Program by serving on implementation team, recruitment of participants and providing a space for counseling. The goal is to recruit 15-20 participants in order to improve their nutrition and physical activities through guided training & counseling in the Med-South Lifestyle Program.

This program will offer other opportunities for healthy eating lifestyles and integrate with our existing diabetes prevention program. The funding period for this program is from May 1, 2022 through September 29, 2023.

### **BUDGET IMPACT**

#### **Establish Grants Project Fund Project Ordinance**

*UNC Center for Health Promotion and Disease Prevention Med-South Lifestyle Study Grant (FY2023 Med-South Study Grant)*

\$14,000 Appropriation to Grant Project

\$14,000 in Other Revenue

**NO ADDITIONAL COUNTY FUNDS REQUIRED**

**REQUESTED ACTION**

Approve receipt of the UNC Center for Health Promotion and Disease Prevention Med-South Lifestyle Study award for health promotion implementation and facilitation and participant recruitment for the Med-South Lifestyle Study in the amount of \$14,000, and adopt the grant project ordinance for *FY2023 Med-South Study Grant*.