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TITLE
PROCLAMATION DECLARING NOVEMBER 2018 AS DIABETES AWARENESS MONTH

SPONSOR
Merle Green

BACKGROUND

WHEREAS, more than 30 million Americans have diabetes and another 86 million Americans have prediabetes and are at risk for developing type 2 diabetes; and

WHEREAS, approximately 1.5 million Americans are diagnosed with diabetes every day and diabetes is the 7th leading cause of death in the US as well as in NC and Guilford County; and

WHEREAS, diabetes is the 4th leading cause of death in Guilford County's African-American residents resulting in approximately 33 deaths per 100,000 populations each year; and

WHEREAS, the seriousness of diabetes is often underestimated due to the fact that diabetes is rarely listed as a cause of death, but rather the complications caused by diabetes are listed instead; and

WHEREAS, diabetes can lead to increased risk for heart attack or stroke, kidney failure, amputations, and advance diabetic retinopathy, greatly increasing the risk of severe vision loss, as well as nerve damage; and

WHEREAS, a healthy lifestyle is important for individuals with diabetes and includes exercising, not smoking and maintaining a healthy weight and balanced diet; and

WHEREAS, this year's theme for Diabetes Awareness Month is *Managing Diabetes - It's Not Easy, But It's Worth It*; and

WHEREAS, Diabetes Awareness Month is an opportunity to increase awareness of diabetes and the importance of healthy lifestyle in diabetes prevention and care;

Now, therefore, be it resolved that Guilford County Board of County Commissioners do hereby proclaim November 2018 as

DIABETES AWARENESS MONTH

This Board encourages all Guilford County residents to take steps to protect and promote the health and wellbeing of their families by making healthy personal lifestyle choices, seeking regular preventative health care and logging on to www.myguilford.com <http://www.myguilford.com> for information and suggestions for maintaining and improving health.

In Witness Whereof, I hereunto set my hand and cause the corporate seal of the County of Guilford to be affixed, this the 1st day of November 2018.

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J. Alan Branson, Chairman
Guilford County Board of Commissioners

RESOLUTION
REQUESTED ACTION
Adopt Proclamation declaring November 2018 as Diabetes Awareness Month.