

# Resume

## Patty Galatas Von Steen



---

### EDUCATION

- Ph.D.**      **The University of North Carolina at Greensboro**, Greensboro, NC  
Counseling and Counselor Education, 1996  
Supporting Areas: Community Counseling, EAP, Business Administration
- M.A.**      **Louisiana Tech University**, Barksdale Air Force Base, Bossier City, LA  
Counseling, 1985
- B.A.**      **Louisiana Tech University**, Ruston, LA  
Pre-Professional Speech Pathology, 1982

---

### PROFESSIONAL EXPERIENCE

#### **Counseling and Consulting, Private Practice**

##### **Von Steen Counseling & Consulting, P.C.**, May 2000-Present

- Cognitive-behavioral, insight-oriented, and systems psychotherapy for adolescents and adults suffering from mood and anxiety disorders, ADHD, adjustment disorders and impulse control disorders.
- Coaching regarding personal growth, self-esteem issues, anger management, interpersonal challenges, workplace difficulties, parenting, and stressful life situations.
- Couples Counseling using Gottman Method & Emotion Focused Couples Therapy  
Level I Trained in Gottman Method  
Certified Prepare Enrich Facilitator
- Group Counseling
- Employee Assistance (EAP) Counseling & Critical Incidents Management for national EAP and insurance companies. Assist employees, self-referred and mandated, and their families with mental health and work/life issues.
- Trained and experienced in providing Critical Incident Stress Management in work settings.

#### **Outreach Coordinator and Senior Staff Counselor**

##### **Counseling and Testing Center, UNCG**, Greensboro, NC, August, 1995-March, 2002

- Provided psychotherapy to University students with developmental issues and mental health disorders. Responsibilities included developing and coordinating the Outreach program which involved providing presentations and workshops for staff and students. Served as a consultant to faculty and staff regarding students' mental health concerns.

#### **Consultant**

##### **SERVE Charter Schools Leaders Institute**, July 1999

- Instructed participants in the use of the Myers-Briggs Type Inventory as applied to their role as leaders in their schools.

#### **On-call Counselor**

##### **High Point Behavioral Health**, High Point, North Carolina, August 1993-August 1996

- Responsibilities included conducting inpatient assessments, individual and group substance abuse counseling, crisis counseling, family counseling; providing psychoeducational lectures; and coordinating outpatient services.

*Professional Experience continued*

**Consultant**

**Applied Measurement Professionals, Inc.**, Lenexa, Kansas, May 1995-August, 1995

- Consulted on the Master Addictions Counselor (MAC) certification work behavior survey.

**Research Assistant**

**Dr. Nicholas A. Vacc and the National Board for Certified Counselors**

**Department of Counseling & Educational Development, UNCG**, Greensboro, NC, January 1992-December 1994

- Responsibilities included participating in research design, developing survey instrument, and conducting data analyses. Survey development and data analysis of work behavior studies for the National Board for Certified Counselors.

**Doctoral Intern**

**High Point Behavioral Health**, High Point, North Carolina, June 1993-July 1993

- Responsibilities included assessment, crisis counseling, and individual, group, and family counseling with patients receiving substance abuse treatment through the inpatient, outpatient, and day treatment programs. Provided psychoeducational lectures for patients and family members. Participated in weekly interdisciplinary case conferences.

**Counselor**

**Counseling and Consulting Services Clinic**, UNCG, Greensboro, NC, August, 1992-May, 1993

- Responsibilities included providing personal individual counseling to University students and community clients. Participated in case conferences.

**Doctoral Intern**

• **High Point Behavioral Health**, High Point, North Carolina, May 1992-July 1992

Responsibilities included assessment, crisis counseling, and individual, group, and family counseling with patients receiving substance abuse treatment through the inpatient program. Provided psychoeducational lectures for patients. Participated in weekly interdisciplinary case conferences.

**Crisis Intervention Counselor/Patient Representative**

**Emergency Department, Presbyterian Hospital of Dallas**, TX, February 1986-July 1991

- Originated and instituted a psychosocial component to emergency services. Responsibilities included crisis and supportive counseling, diagnostic assessment of the patient and environment, developing treatment plans relative to identified needs, establishing referral patterns with community agencies, and public relations. Developed and presented inservice programs and seminars. Served on hospital administrative committees in developing special projects and chaired several task forces.

**Counseling Intern**

**Substance Abuse Unit, Schumpert Medical Center**, Shreveport, Louisiana, September 1985-November, 1985

- Conducted group therapy with patients with substance abuse problems receiving treatment in a 28-day program. Co-facilitator of an aftercare program for patients and families.

**Counseling Intern**

**Counseling Center Louisiana State University at Shreveport**, Louisiana, September 1985-November 1985

- Provided individual counseling for University students.

**National Chapter Consultant**

**Phi Mu Fraternity**, Atlanta, Georgia, August 1982-May 1983

- Visited and advised 36 chapters in 13 states on chapter development and served as a liaison between the chapters and National Council.

Patty Von Steen  
Page 3

---

## CERTIFICATIONS AND LICENSURE

---

National Certified Counselor (#30839)  
Master Addiction Counselor (#30839)  
North Carolina Licensed Professional Counselor (#2452)

---

## TEACHING AND SUPERVISION EXPERIENCES

---

### **Teaching** (*Adjunct*)

**The University of North Carolina at Greensboro**, Greensboro, NC  
( January, 1993-December 2014)

Helping Skills  
Contemporary Topics: Stress Management  
Consultation in Counselor Education: Theory and Practice  
Counseling Theory and Practice  
Communities in Discipline: Clinical Majors  
Communities in Discipline: Pre-Nursing  
Grogan College Experience: Mental Health Professions

**North Carolina Agricultural and Technical University**, Greensboro, NC  
(August 2007-December 2007)

Group Counseling

### **Supervision** (*Adjunct*)

**The University of North Carolina at Greensboro**, Greensboro, NC  
(August, 1995-May, 2013)

Advanced Internship (Doctoral)  
Counseling Internship (Master's and Doctoral)  
Site Supervision (Master's and Doctoral)  
Practice in Counseling: Consultation  
Practice in Counseling: Counseling Theory

**Presbyterian Hospital of Dallas**, Texas (February, 1988-July, 1991)

Supervision of weekend Crisis Intervention Counselors/Patient Representatives  
Supervision of student interns

---

## PROFESSIONAL MEMBERSHIPS

---

American Mental Health Counselors Association  
National Board for Certified Counselors

---

## AWARDS AND HONORS

---

- Distinguish Practitioner Award, Department of Counseling & Educational Development, The University of North Carolina at Greenboro, 2005.
- Leadership Greensboro Member, Greensboro Chamber of Commerce, 2001.
- Outstanding Doctoral Student, Chi Sigma Iota International, Upsilon Nu Chi Chapter, The University of North

Carolina at Greensboro, 1995.

- Research Award, Association for Counselor Education and Supervision, 1995
- Employee of the Year, Presbyterian Hospital of Dallas, Texas, 1990.

Patty Von Steen

Page 4

---

## **PROFESSIONAL SERVICE & LEADERSHIP**

---

### **National**

- Member, Ethics Hearing Committee, National Board for Certified Counselors (2007-2010)
- Chair, National Board for Certified Counselors Addictions Academy (1998-1999)
- Representative, International Association of Addictions and Offender Counselors, National Board for Certified Counselors Addictions Academy (1998-2000)
- Member, Master Addictions Counselor Examination Review Committee, National Board for Certified Counselors (1996)
- Consultant, Master Addictions Counselor Certification Work Behavior Study, National Board for Certified Counselors (1995)

### **State**

- Co-Chair, Professional Service Committee, North Carolina Counseling Association (1993-1995)
- Member, Government Relations/Licensure Committee, North Carolina Counseling Association (1992)

### **The University of North Carolina at Greensboro (selected)**

- Panelist, Student Disciplinary Services (1995-2001)
- Member, Campus Safety and Security Advisory Committee (1997-1999)
- Member, Diversity Training Committee, Office of Multicultural Affairs (1997-1998)

---

## **COMMUNITY SERVICE/AFFILIATIONS**

---

- Secretary, PTA, Kernodle Middle School, Guilford County Schools (August, 2008-May, 2010)
- Co-Chair, K.I.D.S (Kids In Developing Support) Program, Colfax Elementary School, Guilford County Schools, Colfax, NC. Development and implementation of a program for 34 students that instructed them about how to combat the subtle forms of bullying so they could teach their peers how to combat it. (August, 2005-May, 2006)
- Board Member, PTA, Colfax Elementary School, Guilford County Schools (August, 2005-May, 2006)
- Parent Representative, Leadership Team, Colfax Elementary School, Guilford County Schools (August, 2003-May, 2005)
- Member (2004 – 2005; 1999-2000). Teacher Appreciation Committee, Colfax Elementary School, Guilford County Schools.
- Member/Sunday School Teacher, Grace United Methodist Church, Greensboro, NC (2004-2010)
- Member, Leadership Greensboro, Greensboro Chamber of Commerce, Greensboro, NC (August, 2001-December, 2005)
- Member, Airport Area Plan Committee, Guilford County Planning Department, Greensboro, NC (1999-2000)