



Diabetes Awareness Month Proclamation 2018

By the Guilford County Board of Commissioners
Guilford County, North Carolina

WHEREAS, more than 30 million Americans have diabetes and another 86 million Americans have prediabetes and are at risk for developing type 2 diabetes; and

WHEREAS, approximately 1.5 million Americans are diagnosed with diabetes every day and diabetes is the 7th leading cause of death in the US as well as in NC and the 8th leading cause of death in Guilford County; and

WHEREAS, diabetes is the 6th leading cause of death in Guilford County's African-American residents resulting in approximately 28 deaths per 100,000 population each year; and

WHEREAS, the seriousness of diabetes is often underestimated due to the fact that diabetes is often not listed as a cause of death, but rather the complications caused by diabetes are listed instead; and

WHEREAS, diabetes can lead to increased risk for heart attack or stroke, kidney failure, amputations, and advance diabetic retinopathy, greatly increasing the risk of severe vision loss, as well as nerve damage; and

WHEREAS, a healthy lifestyle is important for individuals with diabetes and includes exercising, not smoking and maintaining a healthy weight and balanced diet; and

WHEREAS, Diabetes Awareness Month is an opportunity to increase awareness of diabetes and the importance of healthy lifestyle in diabetes prevention and care;

Now, therefore, be it resolved that Guilford County Board of County Commissioners
do hereby proclaim
November 2018 as

DIABETES AWARENESS MONTH

This Board encourages all Guilford County residents to take steps to protect and promote the health and wellbeing of their families by making healthy personal lifestyle choices, seeking regular preventative health

care and logging on to www.guilfordcountync for information and suggestions for maintaining and improving health.

IN WITNESS WHEREOF, I hereunto set my
hand to this proclamation this 15th day of November

Alan Branson, Chair
Guilford County Board of Commissioners