



## Diabetes Awareness Month Proclamation 2018

By the Guilford County Board of Commissioners  
Guilford County, North Carolina

**WHEREAS**, more than 30 million Americans have diabetes and another 86 million Americans have prediabetes and are at risk for developing type 2 diabetes; and

**WHEREAS**, approximately 1.5 million Americans are diagnosed with diabetes every day and diabetes is the 7<sup>th</sup> leading cause of death in the US as well as in NC and the 8<sup>th</sup> leading cause of death in Guilford County; and

**WHEREAS**, diabetes is the 6<sup>th</sup> leading cause of death in Guilford County's African-American residents resulting in approximately 28 deaths per 100,000 population each year; and

**WHEREAS**, the seriousness of diabetes is often underestimated due to the fact that diabetes is often not listed as a cause of death, but rather the complications caused by diabetes are listed instead; and

**WHEREAS**, diabetes can lead to increased risk for heart attack or stroke, kidney failure, amputations, and advance diabetic retinopathy, greatly increasing the risk of severe vision loss, as well as nerve damage; and

**WHEREAS**, a healthy lifestyle is important for individuals with diabetes and includes exercising, not smoking and maintaining a healthy weight and balanced diet; and

**WHEREAS**, Diabetes Awareness Month is an opportunity to increase awareness of diabetes and the importance of healthy lifestyle in diabetes prevention and care;

**Now, therefore, be it resolved** that Guilford County Board of County Commissioners  
do hereby proclaim  
November 2018 as

## **DIABETES AWARENESS MONTH**

This Board encourages all Guilford County residents to take steps to protect and promote the health and wellbeing of their families by making healthy personal lifestyle choices, seeking regular preventative health

care and logging on to [www.guilfordcountync](http://www.guilfordcountync) for information and suggestions for maintaining and improving health.

IN WITNESS WHEREOF, I hereunto set my  
hand to this proclamation this 15th day of November

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Alan Branson, Chair  
Guilford County Board of Commissioners