

AGE-FRIENDLY GUILFORD

Presentation to Guilford County's Board of Commissioners

July 18th, 2024



What is Age-Friendly?

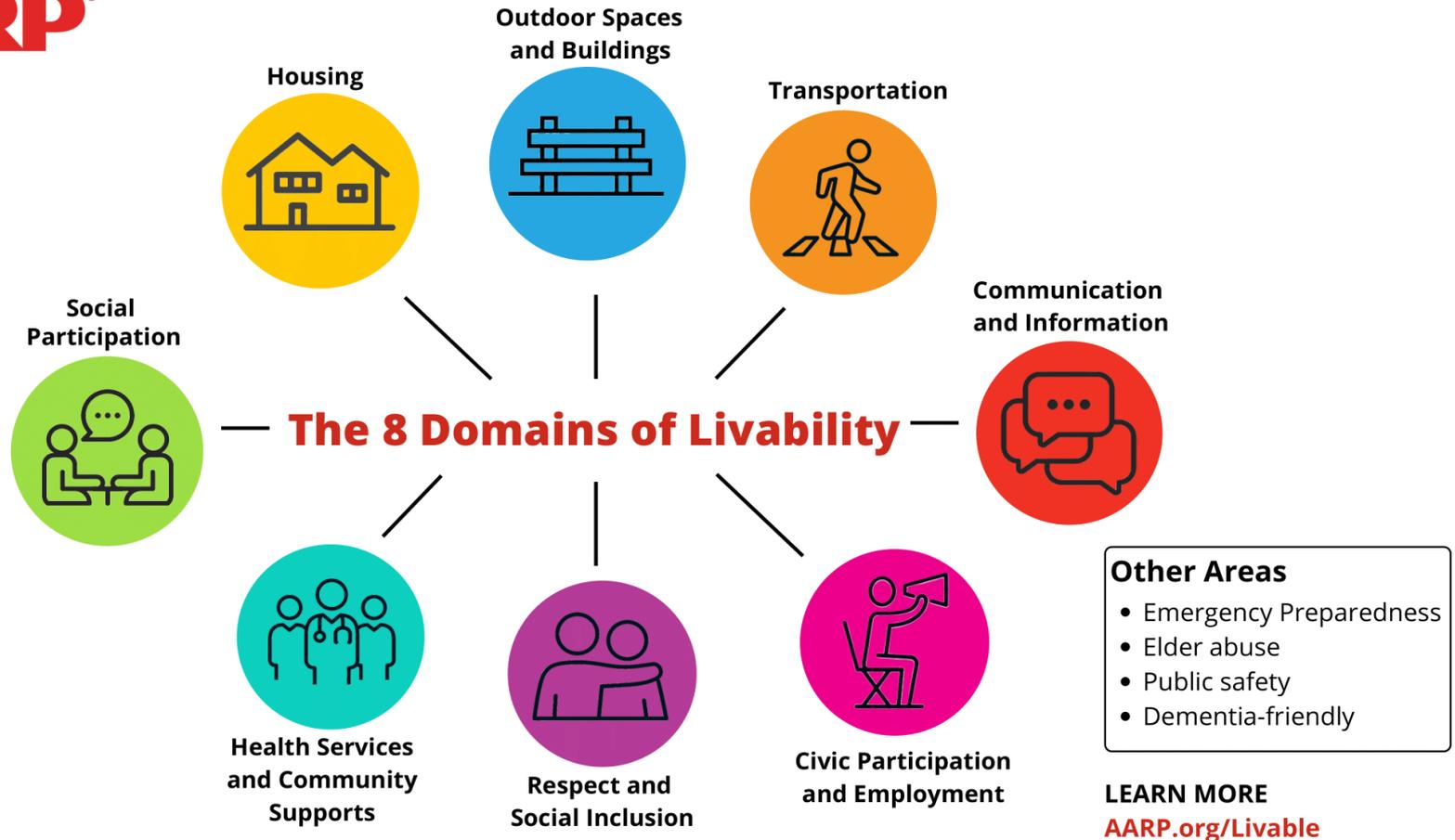
Age-Friendly Communities are safe and secure, have affordable and appropriate housing and transportation options, and offer supportive community services and features. Once in place, these resources enhance personal independence, allow residents to age in place, and foster engagement in their community's economic, civic, and social life.

- Age-Friendly Communities are **livable** for people of all ages, abilities, and economic levels.
- Age Friendly Communities encourage **active participation** of older residents.
- Age Friendly Communities are **good for public health** and the environment.
- Age Friendly Communities **promote social equity**.
- Age Friendly Communities **engage residents**.

Age Friendly Communities don't feel like just another place to live.

Age Friendly Communities Feel Like Home.

The 8 Domains of Livability



Age-Friendly NC

- NC is the 10th AARP Age-Friendly State in US.
- NC is the 8th fastest growing state of people 60 and older.
- On May 5, 2023, Governor Roy Cooper signed and Executive Order to highlight North Carolina's commitment to building an Age-Friendly State.
- The Executive Order directs:
 - The state to develop a comprehensive plan for aging, strengthen the caregiving workforce and enhance transportation options
 - All State Departments to plan how they will address how they will respond to an ever-growing aging population and livability of all ages.

Area 2024 Livable Communities

- [Alamance County](#): Joined 2023
- [Archdale](#): Joined 2019
- [Buncombe County](#): Joined 2017
- [Cary](#): Joined 2022
- [Davie](#): Joined 2024
- [Durham](#): Joined 2019
- [Durham County](#): Joined 2019
- [Forsyth County](#): Joined 2018
- [Jamestown](#): Joined 2021
- [Leland](#): Joined 2022
- [Lenoir County](#): Joined 2020
- [Matthews](#): Joined 2015
- [Mecklenburg County](#): Joined 2016
- [Mount Airy](#): Joined 2018
- [Orange County](#): Joined 2016
- [Wake County](#): Joined 2016



**863 Total Members in the AARP Network of
Age-Friendly States and Communities**

Why an Age-Friendly Guilford?

The population of North Carolina, including Guilford County, is aging.

Based on state estimates from 2023:

- Approximately 100,000 residents in Guilford County are age 65 or older.
- By 2030, that number is expected to increase to over 110,000. Approx. 1 in 5 (20%) of residents will be over 65. **By 2030, there will be as many or more residents over age 65 as there will be under age 18.**

Projected Aging in Guilford County (Data Source: [NC LINC](#))

		2024 Population Estimates		2030 Population Projections		% Change 2024 - 2030
Totals		550,216		576,697		4.8%
		Resident #'s	Percent	Resident #'s	Percent	
AGE RANGE	0-17	111,352	20%	113,593	20%	2.0%
	18-24	62,032	11%	61,878	11%	-0.2%
	25-44	148,083	27%	157,598	27%	6.4%
	45-64	132,699	24%	132,891	23%	0.1%
	65+	96,050	17%	110,737	19%	15.3%

What Do Aging Guilford County Residents Want?

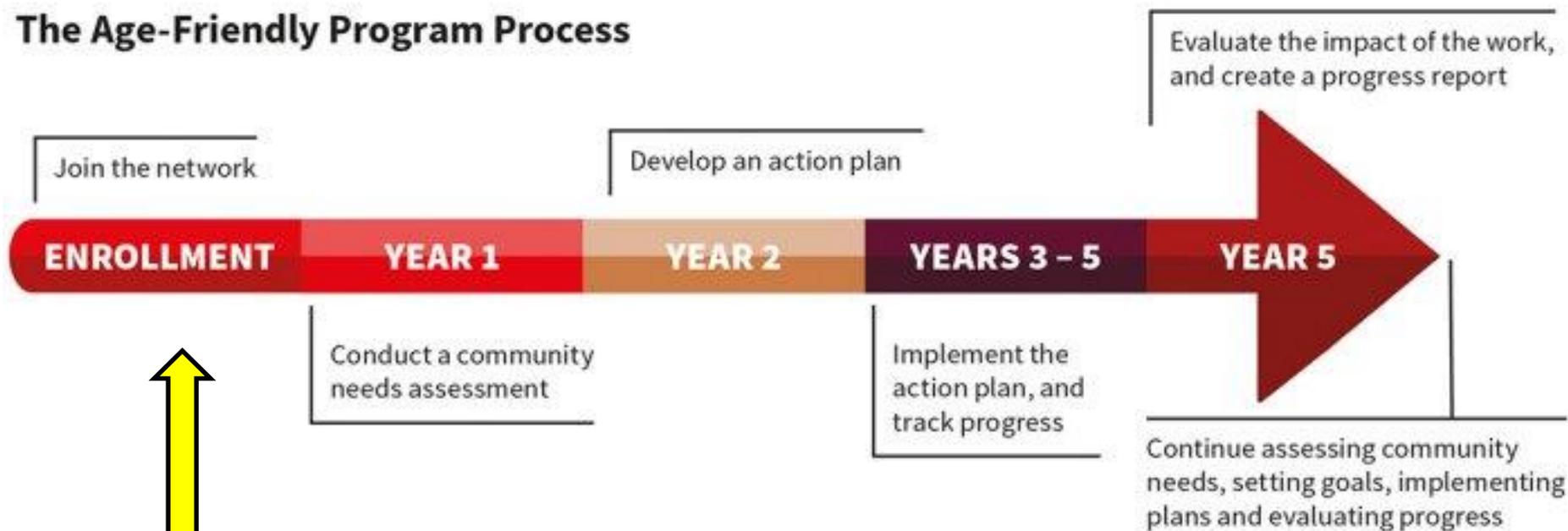
Senior Resources reviewed local, state, and national surveys, conducted listening sessions to document stories shared by aging residents, and asked attendees to complete a survey ranking their viewed importance of the **eight domains of livability**.

Key Findings:

- People want to stay in their communities and not relocate.
- People want to age in their own homes.
- Individuals worry about when they will not be able to drive.
- People worry about food availability.
- People worry about becoming socially isolated.
- Employment for older and disabled adults is an important issue that needs to be addressed moving forward.

How Does Guilford County become Age-Friendly?

The Age-Friendly Program Process



We are here.

Age Friendly Guilford team currently working on AARP application.

AGE-FRIENDLY GUILFORD: OUR PLAN

Setting the Foundation - FY24 Age-Friendly Accomplishments:

- Reviewed 2018 Guilford County Livable Communities Survey
- County Wide Listening Sessions – **4** sessions, engaged **108** individuals on the topic of Aging.
- Established a ten-member Age-Friendly Guilford Leadership Team.
- Partnered with Guilford County Sheriff's Office, Emergency Services, and Greensboro Police Department to promote:
 - Yellow Dot Program – Quick access to health information for First Responders (home/auto).
 - Project Lifesaver - Program to support caregivers locating an individual that may have become lost.
 - Blue Angel Program - Improving Home Access, via lock box, for First Responders.
- AARP Challenge Grant Awardee: Walk Audits in Southwest High Point Neighborhoods

Year 1: Planning and Enrollment

AGE-FRIENDLY GUILFORD PROJECT PLAN

- Prepare and Submit Age Friendly Application to AARP to include: Letter of Support, Resolution, and MOA with Guilford County and Senior Resources.
- Introduction of Age-Friendly Guilford to county-wide municipalities.
- Build upon existing data/conduct community needs assessment.
- Expand Age-Friendly Guilford Lead Team, develop logic model/theory of change, add work groups to implement activities.
- Complete Walkability Audit in High Point.
- Develop a Marketing & Communications Plan.

Years 2-5: Implementation and Evaluation

AGE-FRIENDLY GUILFORD PROJECT PLAN

- Identify Age Friendly Guilford Projects (in accordance with logic model/theory of change). Food, housing, and transportation represent areas of focus/key partnerships.
- Implement action plans (work groups).
- Evaluate impact of work, including continuous quality improvement activities, and ongoing assessment of community needs.
- Submit progress reports to AARP.

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